Daily survey

These questions are about how you’re feeling today.

1. How stressed are you today?

0 Not at all
1 Somewhat
2
3
4 A lot

2. How are you feeling today? Please click on the spot that best represents your mood

3. How much free time have you had today?

   - Less than 1 hour
   - Between 1 and 2 hours
   - Between 2 and 3 hours
   - Between 3 and 4 hours
   - Between 4 and 5 hours
   - Between 5 and 6 hours
   - Between 6 and 7 hours
   - Between 7 and 8 hours
   - Between 8 and 9 hours
   - Between 9 and 10 hours
   - Between 10 and 11 hours
   - Between 11 and 12 hours
   - Between 12 and 13 hours
   - Between 13 and 14 hours
   - Between 14 and 15 hours
Between 15 and 16 hours
16 or more hours

4. How much fun have you had today?

0 1 2 3 4
Not at all Some A lot

5. How lonely or left out have you felt today?

0 1 2 3 4
Not at all Somewhat Very

6. How new and exciting has your day been?

0 1 2 3 4
Not at all Somewhat Very

7. Do you expect good things will happen to you tomorrow?

0 1 2 3 4
Not at all Somewhat Very Much

Active tasks

Tapping task

Tapping Speed
This task measures your tapping speed

Tapping Speed
Rest your phone on a flat surface. Two buttons will appear on the screen for 10 seconds. Using two fingers on the same hand, take turns tapping the buttons as quickly as you can

Tap get started to begin

Tap the buttons as quickly as you can using two fingers

1 seconds left
Tap count

5

Next Get started
Spatial task

Weekly survey

This past week, did you...

1. Do or say things without thinking?
   - Rarely/Never
   - Occasionally
   - Often
   - Almost Always/Always

2. Plan tasks carefully?
   - Rarely/Never
   - Occasionally
   - Often
   - Almost Always/Always

3. Concentrate easily?
   - Rarely/Never
   - Occasionally
   - Often
   - Almost Always/Always
4. How frequently have you smoked cigarettes this week?
   Not at all
   Less than one cigarette per day
   1-5 cigarettes per day
   About ½ pack per day
   About 1 pack per day
   About 1 ½ packs per day
   Two packs or more per day

5. Electronic vaporizers make a mist that is inhaled and have the feel of cigarette smoking. Examples include e-cigarettes and e-pens. How many days this week did you use an electronic vaporizer, such as an e-cigarette, to inhale a nicotine mist?
   0
   1
   2
   3
   4
   5
   6 or more days

6. This week, how many drinks did you have on…
   Sunday?
   Monday?
   Tuesday?
   Wednesday?
   Thursday?
   Friday?
   Saturday?

Response options for each day should be:
   0
   1
   2
   3
   4
   5
   6
   7
   8
   9
   10
   11
   12
   13
   14
   15
   16
   17
   18
   19
   20+
If participant reports 1+ drinks in the past week show Q7a
If participant reports 0 drinks in the past week show Q7b

7a. Pick the top reason(s) why you drank this week:
   - To enjoy the feeling
   - To avoid feeling left out
   - To feel less depressed, anxious or angry
   - To make social gatherings more fun
   - Other (please specify: _____________________________)

7b. Pick the top reason(s) why you didn't drink this week:
   - Didn't want to
   - No chance/time
   - Out of alcohol
   - Trying to cut back
   - More important things to do
   - Cost
   - Other (please specify: _____________________________)

[Each week, participants will receive one question from the group of questions numbered 8a, 8b, 8c, 8d or 8e]

8a. What do you dislike, for no good reason?
   - Mayonnaise
   - Dryer lint
   - People who brag on Facebook
   - The word “moist”
   - Name brand addicts
   - Country music
   - Reality TV
   - None, I like all of these things

8b. If you were stranded on a desert island, what one food, what would you bring?
   - Ramen noodles
   - Cookie dough ice cream
   - Nacho cheese Dorito's
   - Power bars
   - Pop Rocks
   - French fries
   - Forget food, I'm bringing coffee
   - Gross. Who would take this stuff to a desert island?

8c. What movie best describes your life?
   - Breakfast Club
   - A Nightmare on Elm Street
   - Love Actually
   - Clueless
   - Kickass
   - Diary of a Wimpy Kid
   - Barely Legal
None of these; my life deserves its own movie

8d. If you were an animal, what would you be?
   Dinosaur
   Alligator
   Unicorn
   Cockroach
   Wallaby
   Dragon
   Charizard
   I’m way cooler than any of these animals

8e. If you could hang out with a movie character for one day, who would you pick?
   Harry Potter
   Ironman
   Jack Sparrow from Pirates of the Caribbean
   Fat Amy from Pitch Perfect
   Katniss Everdeen from Hunger Games
   Napoleon Dynamite
   Elle Woods from Legally Blonde
   Um, none of them. These characters are lame

9. This week, how much marijuana did you use on...
   Sunday?
   Monday?
   Tuesday?
   Wednesday?
   Thursday?
   Friday?
   Saturday?

Response options for each day should be:
   0g
   0.25g (1/2 joint)
   0.5g (1 joint)
   1g (2 joints)
   1.5g (3 joints)
   2g (4 joints)
   2.5g+ (5+ joints)
   Not sure

If participant reports any marijuana in the past week → show 10a only
If participant reports no marijuana in the past week → show 10b only

10a. Pick the top reason(s) why you used marijuana this week:
   To enjoy the feeling
   To avoid feeling left out
   To expand your awareness
   To feel less depressed, anxious or angry
   To make social gatherings more fun
   Other (please specify:_________________)
10b. Pick the top reason(s) why you didn’t use marijuana this week:

- Didn’t want to
- No chance/time
- Out of weed
- Trying to cut back
- More important things to do
- Cost
- Other (please specify: _______________)

These next two questions are about what you think you will do next week.

11. In the next week, how likely are you to avoid using marijuana if you have the chance?

0 1 2 3 4
Not at all Very

12. In the next week, how likely are you to avoid drinking alcohol if you have the chance?

0 1 2 3 4
Not at all Very

How much do you think people your age risk harming themselves (physically or in other ways) if they...

13. Use marijuana regularly?
   Not at all, Slightly, Moderately, Very, Extremely

14. Drink alcohol regularly?
   Not at all, Slightly, Moderately, Very, Extremely