Multimedia Appendix 3.

**Blood Pressure Management**
- **Target**
  - < 130/80 mm Hg

**Glycaemic Management**
- **Target**
  - 6.5% to 7.5% (46–58 mmol/mol)
  - (Targets should be individualised and agreed with patient)

**Lipid Management**
- **Target**
  - Total cholesterol < 3.5 mmol/l

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**Use Aspirin to reduce CV risk (unless contraindicated)**

**Lifestyle advice at all stages**

- Add and combination drugs
  - Beta Blockers
  - Simvastatin
  - Alpha Blockers

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**Lifestyle advice at all stages**

- **Study support**