

Assessment variables for intervention and research methods feasibility

Variables	Indicators
<p><i>Intervention feasibility</i></p> <p>1- The possibility to deliver the intervention as planned</p> <p>2- The possibility of participants adhering to the intervention</p>	<ul style="list-style-type: none"> - Consultation of $\geq 80\%$ of web session pages and documents by participants [63]. - Provision of $\geq 80\%$ of planned components of each in-presence session and the overall intervention [63]. - Sessions duration (sessions 1 to 5: 15 to 30 minutes; session 6 and 7: 15 to 20 minutes). - Challenges faced during intervention sessions delivery. - Attendance to $\geq 80\%$ of intervention sessions by participants [63]. - Engagement in intervention activities and application of recommended self-management $\geq 80\%$ behaviors by participants [63].
<p><i>Research methods feasibility</i></p> <p>1- Adequacy of the sampling pool and recruitment time</p> <p>2- Ease with which participants are screened</p> <p>3- The possibility of applying randomization procedures as planned</p> <p>4- Attrition rate in experimental and control groups</p> <p>5- Ease of data collection procedures</p>	<ul style="list-style-type: none"> - Obtaining consent from $\geq 80\%$ of patients approached to participate in the study. - Percentage of eligible patients who were included in the study. - Patient's reasons for refusal to participate in the study. - Difficulties in obtaining patients' consent. - Recruiting study sample (i.e., 56 participants) in approximately 7 months. - The time required to screen participants relative to recruitment. - The time required to obtain consent and baseline data relative to recruitment. - Eligibility criteria not limiting the pool of participants by $\geq 50\%$ [55]. - Reasons for ineligibility. - Difficulties in applying randomization procedures. - Acceptance of patients to be randomized to either the treatment or control group $\geq 80\%$ of the time [55]. - Attrition rate in experimental and control groups, i.e., $\leq 20\%$ [64]. - Rates of questionnaires completed in full. - Number of non-answered questions at each time measure. - Mean time required to complete the outcomes and acceptability questionnaires. - Mean time period between expected dates for questionnaires completion and actual completion. - Recall rates (telephone calls or emails) for questionnaires completion.

