

Appendix 3 Characteristics of RCTs included in meta-analysis of IEF versus standard EN

Author (Year) [Ref]	Design & setting	NHMR C level of evidence	Participants	Number of participants Intervention	Standard control group	Outcome measured and Timing of IMN initiation	Mode of enteral feeding	Total duration of nutritional support (days)	Internal validity (Study quality*)
1 Example [40]	RCT in oncology ward of a private tertiary Australian hospital	Level III-2	90	46	44	Impact Arg RNA ω-3PUFA Post op	NJ	4	Strong recommendation Low quality evidence Moderate risk of bias
Overall Grading Body of evidence									