

Appendix 2. Caring email sent to those unreachable by phone

Dear _____ ,

Hope you're doing ok! Below are some resources if you need anyone to talk to, are in a crisis, or if you would like to reach out.

National Suicide Prevention Lifeline: 1-800-273-8255

Website with chat option:

<http://www.suicidepreventionlifeline.org/>

Crisis numbers by County and State:

<http://www.suicide.org/suicide-hotlines.html>

<http://www.sprc.org/states>

Crisis text line

<http://www.crisistextline.org/>

Best,
Chelsey
The OASIS Team