Schedule of enrollment, intervention and assessments

	Study time points									
	Enrolment	Allocation	Post-allocation*							Closeout
Participants timeline	$-t_1$ ≥ 24 hours to 7 days post admission	0	t_1 S1	t_2 S2	t_3 S3	t_4 S4	t_5 S5	t_6 S6	t_7 S7 3-months post-injury	t_8 6- months post-injury
Enrolment: Eligibility screen/Informed consent	√									
Allocation of participants		√								
Intervention encounters: Control group Intervention group			√ √	√	√	√	√	√	√	
Assessments: Sociodemographic questionnaire	√									
1. Primary objectives: 1.1 – Intervention feasibility			√	√	√	√	√	√	√	
1.2 – Research methods feasibility	√	√	√	√	√	√	√	√	√	√
1.3 – Preliminary effects on primary outcomes (BPI questionnaire)	√								√	√
2. Secondary objectives: 2.1 – Preliminary effects on secondary outcomes (PSEQ, CPAQ-8, PCS, TSK, HADS, PGIC questionnaires, Medical Attention Seeking and Professional Services Utilization Form, Return to Work Questionnaire)	√								√	√
2.2 – Intervention acceptability - E-Health Acceptability Questionnaire					√					
- Intervention Acceptability Questionnaire							√		√	
Complementary variables - Quality of life (SF-12v2)	√								√	√
- Injuries and treatments (Injury profile form)	√					√				√
- Analgesics consumption (Analgesics Consumption Form)	√		√	√	√	√	√	√		
- Neuropathic Pain (DN4 questionnaire)						√				
- PTDS (PCL-5 questionnaire)									√	√