

## **Appendix2: Usability Questionnaire**

1. Did you use the Feat Forward app?

- A) A couple times a day**
- B) Daily**
- C) 2-4 times/week**
- D) Weekly**
- E) Biweekly**
- F) Monthly**
- G) Other\_\_\_\_\_**
- H) Did not use the Feat Forward app**

2. How useful did you find information the Feat Forward app gave you regarding your physical activity?

- A) Very useful**
- B) Somewhat useful**
- C) A little useful**
- D) Not very useful**
- E) Not useful at all**

3. How useful did you find information the Gear Fit watch gave you regarding your physical activity?

- A) Very useful**
- B) Somewhat useful**
- C) A little useful**
- D) Not very useful**
- E) Not useful at all**

4. Did you find using the Feat Forward app encouraged you to be more physically active?

- A) Yes a lot**
- B) Yes a little**
- C) No**

5. Did you find using the Gear Fit watch encouraged you to be more physically active?

- A) Yes a lot**
- B) Yes a little**
- C) No**

6. Did you discuss your participation in this study with others?

- A) Yes: With family/friends**

- B) Yes: With your doctor/care provider (s)**
- C) Yes: With both family/friend (s) and your doctor/care provider (s)**
- D) No- (skip next question)**

**7. If yes, how useful was the FeatForward app in helping start discussions about your condition and/or physical activity?**

- F) Very useful**
- G) Somewhat useful**
- H) A little useful**
- I) Not very useful**
- J) Not useful at all**

**8. Did you use the Feat Forward app to view your steps?**

- A) Yes**