

**Section 3:****Please answer the following questions in regards to how confident are you at:**

a) Understanding the challenges that parents face?

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

b) Understanding the factors that impact on parents' wellbeing

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

c) Understanding why parents' wellbeing may impact on their children

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

d) Understanding how parents' wellbeing may impact on their child's progress in early intervention

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

e) Talking to parents of children with a disability about their own wellbeing

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

f) Knowing when parents are struggling with their wellbeing

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

g) Knowing how to support parents' wellbeing

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

h) Knowing how much time a Key Worker should spend on supporting parents' wellbeing

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

i) Knowing when to refer parents for additional help

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

j) Knowing where to refer parents to get mental health support

0 - Cannot do at all      50 - Moderately can do      100 - Highly certain can do

*(Place a mark on the scale above)*

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**Section 4:**

**The following are some questions about your job. Thinking about the past few weeks, how much of the time has your job made you feel each of the following?**

	Never	Occasionally	Some of the time	Much of the time	Most of the time	All of the time
a) Tense	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Uneasy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Worried	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Calm	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Contented	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) Relaxed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) Depressed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h) Gloomy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i) Miserable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
j) Cheerful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
k) Enthusiastic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
l) Optimistic	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Section 5:****Please indicate how much you agree or disagree with the following statements**

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
a) I can do my job well	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) I sometimes think I am not very competent at my job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) I can deal with just about any problem in my job	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) I find my job quite difficult	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) I feel I am better than most people at tackling job difficulties	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) In my job I often have trouble coping	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) After I leave my work, I keep worrying about job problems I find it difficult to unwind at the end of a work day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h) I feel used up at the end of the work day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i) My job makes me feel quite exhausted by the end of a work-day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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**Section 6:**

**Below are some statements about your current supervisory support.**

**Please choose the response that best describes how you perceive the support received from your supervisor.**

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree or Agree	Slightly Agree	Agree	Strongly Agree
a) My supervisor strongly considers my goals and values	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Help is available from my supervisor when I have a problem	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) My supervisor really cares about my wellbeing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>