Appendix 2: Patient Educational Material

Thank you for participating in this project.

The purpose of this information is to introduce you to the resources you will have access to.

The study resources can be found here:

<table>
<thead>
<tr>
<th>RESOURCE</th>
<th>LINK</th>
<th>NOTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>Facebook</td>
<td><a href="https://www.facebook.com/SurvivingChronicPain">https://www.facebook.com/SurvivingChronicPain</a></td>
<td>This is a Facebook chronic pain page with over 27,000 members</td>
</tr>
<tr>
<td>YouTube</td>
<td><a href="http://www.youtube.com/user/painHEALTH/videos">http://www.youtube.com/user/painHEALTH/videos</a></td>
<td>These are a selection of videos by people with chronic and videos from health professionals talking about pain management</td>
</tr>
<tr>
<td>Blogs:</td>
<td><a href="http://tinyurl.com/q2ndryg">http://tinyurl.com/q2ndryg</a></td>
<td>Blogger platform to create your own blog</td>
</tr>
</tbody>
</table>

Further information

Here are links to short videos presented by Mark Merolli that might be of some help if you require assistance registering for Gmail, Facebook, YouTube and Blogger.

Gmail: http://www.youtube.com/watch?v=UGbw1J3yZx8

YouTube: http://www.youtube.com/watch?v=lKBsELp9kDg

Facebook: http://www.youtube.com/watch?v=zDHscZDhZ-8

Blogs: http://www.youtube.com/watch?v=8KlxbsXiX4
*Please note, you will be contacted at monthly intervals by a member of the research team to monitor progress and for you to ask any technical questions related to the study (please note, these phone calls will not be consulatory in nature).

Please see below list of contacts:

*Please ask questions if there’s anything you don’t understand.

Ms. Marama Dunne  
Clinical Nurse Consultant  
The Royal Melbourne Hospital - Royal Park Campus  
Phone: 0407 141 563

Mr. Steve Mantopoulos  
Allied Health Pain Clinic Co-ordinator  
The Royal Melbourne Hospital - Royal Park Campus  
Phone: 8387 2194

Mr. Mark Merolli  
Health & Biomedical Informatics Centre  
The University of Melbourne  
Phone: 8387 2194

Dr. Malcolm Hogg  
Head of Pain Services  
Royal Melbourne Hospital – Royal Park Campus  
Phone: 8387 2194

Disclaimer:  
Be aware that acting upon information you read from the Internet may make your condition worse and acting upon this information could possibly lead to inappropriate decisions being made about your management and may be harmful. Internet resources and the resources used in this study are to be used as guides only and are not a substitute for medical care and advice. Please contact your doctor for further advice.